

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheveneels Judith HEADCOACH

Coaches: Pluijm Saar

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 48: 100M FREESTYLE MEN 13-14 **Heat:6, starttime: 14:10**

Heat: 6/12 Lane : 6 Athlete: PEETERS SAMUEL **Q-time: 01:12:60**

PB (50m pool): 01:12.60 Wezenberg 01/02/2026 **PB (25m pool): 01:10.76 SB: 01:12.60 Wezenberg 01/02/2026**

	50 M	100 M	
PB	00:34.99	01:12.60	
	00:34.99	00:37.61	
	

Coach feedback:

Event number: 49: 200M BACKSTROKE WOMEN 13-14 **Heat:3, starttime: 14:30**

Heat: 3/5 Lane : 5 Athlete: LESSELIERS EMILY **Q-time: 03:00:13**

PB (50m pool): 03:00.13 Aalst 20/12/2025 **PB (25m pool): 03:00.47 SB: 03:00.13 Aalst 20/12/2025**

	50 M	100 M	150 M	200 M	
PB	00:43.71	01:29.35	02:14.97	03:00.13	
	00:43.71	00:45.64	00:45.62	00:45.16	
	

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+ **Heat:6, starttime: 15:00**

Heat: 6/9 Lane : 6 Athlete: VAN HOOFF SARA **Q-time: 00:36:32**

PB (50m pool): 00:36.32 Antwerpen 15/03/2026 **PB (25m pool): 00:35.26 SB: 00:36.32 Antwerpen 15/03/2026**

	50 M	
PB	00:36.32	
	00:36.32	
	

Coach feedback:

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Event number: 53: 50M BUTTERFLY WOMEN 15+		Heat:9, starttime: 15:31
Heat: 9/11 Lane : 8 Athlete: DE VOCHT ANNE-JULIE		Q-time: 00:33:72
PB (50m pool): 00:33.72 Wezenberg 03/01/2026		PB (25m pool): 00:33.11 SB: 00:33.72 Wezenberg 03/01/2026
	5 0 M	
PB	00:33.72	
	<i>00:33.72</i>	
	

Coach feedback:

Event number: 55: 100M BREASTSTROKE WOMEN 13-14		Heat:5, starttime: 15:52
Heat: 5/8 Lane : 4 Athlete: LESSELIERS EMILY		Q-time: 01:34:31
PB (50m pool): 01:34.31 Antwerpen 15/03/2026		PB (25m pool): 01:33.83 SB: 01:34.31 Antwerpen 15/03/2026
	5 0 M	1 0 0 M
PB	00:45.51	01:34.31
	<i>00:45.51</i>	<i>00:48.80</i>

Coach feedback:

Event number: 55: 100M BREASTSTROKE WOMEN 13-14		Heat:6, starttime: 15:54
Heat: 6/8 Lane : 7 Athlete: THEUNISSEN JOLIEN		Q-time: 01:33:50
PB (50m pool): 01:33.50 Antwerpen 15/03/2026		PB (25m pool): 01:31.38 SB: 01:33.50 Antwerpen 15/03/2026
	5 0 M	1 0 0 M
PB	00:44.01	01:33.50
	<i>00:44.01</i>	<i>00:49.49</i>

Coach feedback: